



What is TransplantLyfe?

TransplantLyfe is a digital connectivity platform for the transplant community including people waiting for a transplant, solid organ recipients, donors and support partners. Our mission is to help everyone feel less alone in their transplant journeys through sharing experiences, accessing curated resources and providing both 1:1 and community support.

Who runs the website?

Lyfebulb, a chronic disease, patient empowerment platform and innovation accelerator, has created and manages TransplantLyfe with members of the transplant community.

How do I sign up as a member?

To get started, click the 'JOIN NOW' button at the top righthand corner of the homepage and create an account by inputting an email, username and password. You can also visit this link: <https://www.transplantlyfe.com/signup>

Will I get charged as a member?

No. TransplantLyfe is 100% free for all members of the transplant community, with no hidden costs.

How can I use TransplantLyfe?

In **Forums**, you can browse and participate in community discussions by either posting a new discussion topic or comment in an existing thread. Through **Find a Friend**, you connect and chat with individual members. You can learn more about key topics in **Highlighted Resources** at the bottom of the homepage. Lastly, you can log and track your personal health data in the **My Journal** feature.

How do I post a new discussion?

Within the Forums main page, click the yellow 'New Discussion' button on the right-hand side. You can then input a discussion title, body text and select the relevant organ category and topic tags.

How do I upload an image to a discussion?

At the bottom of the thread, within the 'reply to this discussion' text box, there is a photo icon second from the left. Click the icon to upload an image.

How do I set my email notification preferences?

Click on your profile icon (photo) in the top right corner of the homepage. From the dropdown menu, click the blue 'EDIT' button at the top right. On the next screen, click 'Manage Notifications' under your profile image on the left-hand side. On the next screen, there is the option to check off all platform activities where you'd like to receive (or uncheck if you no longer would like to receive) an email notification.